

# Adventure Sunderland

## Activity Risk Assessment



**Bush craft / Beach schools  
Activities**

**Location: Generic and Centre Based**

Hazard	Potential harm	To Whom	Control Measures
Misuse / Faulty of equipment	Personal injury	Staff, participants and public	Staff to control use of equipment and brief on correct use. Equipment to be checked by staff before use.
Strains, sprains	Personal injury	Staff and participants	Staff to use a warm up activity and brief group on safe techniques.
Person under the influence of drugs / alcohol	Personal injury	Staff and participants	Staff to exclude anyone who is apparently under the influence of alcohol or drugs. Tests or physical proof is not required, the instructors decision is final.
Heavy objects	Personal injury	Staff and participants	Staff to observe and instruct in correct manual handling of equipment and participants.
Water	Personal injury	Staff and participants	Staff to brief group to stay away from water during dry activities.
Slips, trips, falls	Personal injury	Staff and participants	Staff to brief participants on potential hazards such as glass, seaweed, brambles, sharp branches and discarded rope and strategies to avoid hazards. Participants to be briefed on personal responsibility in ensuring their own safety and their peers at all times.
Debris, flotsam, jetsam	Personal injury	Staff and participants	Staff to select area free of such hazards or clear them away. Staff to ensure participants wear footwear suitable to resist cuts and abrasions.
Conflict within the group and with general public	Personal injury	Staff, participants and public	Staff fully trained and experienced in group management techniques to prevent or deal with such occurrence. • Staff must not endanger themselves dealing with conflict. • Activity must stop and be terminated if any issues arise that impact on the safety of staff or participants or public onlookers.

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			Contact the police if the situation cannot be resolved internally in a timely fashion.
Fire	Personal injury – burn.	Staff, participants and public	<p>Staff to police the following:</p> <ul style="list-style-type: none"> <li>• Only wood to be used as fuel, only fire kindling, Jute, paper and cotton wool to be used to light the fire.</li> <li>• Fire to be no bigger than 50cm by 50cm or 'fire pan' to be used.</li> <li>• Participants to remain seated at all times when within 3 m from the fire.</li> <li>• Container for water (min 2 gallons) or bucket of sand to be on-hand at all times to extinguish the fire if needed.</li> <li>• Participants feed the fire – should be done by the 'proposal position' and under the Instructors Direct supervision.</li> <li>• Participants must not 'poke' or 'stir' the fire.</li> </ul> <p>The fire MUST be fully extinguished before leaving the site and left in a safe state.</p>
Burns / Scalds hot surfaces and objects	Personal injury – burn.	Staff, participants and public	<p>Group to be reminded that metal heats up quickly and not to touch the kettle once the fire has been lit. Stopper MUST be removed when kettle is in use unless a pressure relive is fitted.</p> <p>The instructor to mark out/ explain the area in front of the Kelly kettle water spout, where hot water may splash out when the kettle boils and ensures no one stands or walks through this area.</p> <p>When removing the kettle from the base pot, the handle should be held horizontally, with one hand on either side</p> <p>Boiling water should be poured with one hand on the handle and one hand pulling up the chain.</p>
Spread of fire	Personal Injury /Death	Staff, participants and public	<p>Staff to monitor:</p> <ul style="list-style-type: none"> <li>• Area used must be clear of other fuel sources.</li> <li>• Wind force and direction must be monitored by instructor</li> </ul> <p>Adequate provisions for extinguishing fire must be available. (Water/Sand/fire extinguisher)</p>
Effects of weather	Hypothermia, Hyperthermia, Sunburn	Staff and participants	<p>Weather forecast obtained before activity, weather forecast posted on notice board in office.</p> <p>Visual inspection of weather conditions before the activity commences.</p> <p>Abandon if weather deteriorates.</p> <p>Ensure adequate warm and protective clothing for the prevailing weather.</p> <p>Advice all involved to use sun cream during sunny weather.</p> <p>Take rest breaks in hot weather.</p> <p>Use activity to keep participants warm in cold weather.</p> <p>Use group shelter to provide a temporary respite.</p>

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Injury from tools	Personal injury, cuts, lacerations death	Participants	<p>Staff to brief and supervise safe use of knives, following the blood bubble principle.</p> <p>Instructor to judge whether tool use is appropriate for the group. Where tool use is deemed appropriate, they should initially be used on a one to one basis.</p> <p>Only when the instructor is confident about the participant's abilities should the ratio be gradually increased. All knives to be accounted for before leaving the activity site.</p>
Food poisoning and germs contracted from unclean hands and food preparation	Personal injury, poisoning	Staff and participants	<p>Ensure all of the group wash and/or disinfect their hands before participating in any cooking or eating activities.</p> <p>Instructor to ensure all food is prepared in a hygienic way on cutting boards.</p> <p>Instructor to ensure food is cooked thoroughly and is hot when served</p> <p>Ensure all participants wash their hands at the end of the session</p>

Risk assessments are to be reviewed on an annual basis unless an incident occurs, which then dictates immediate review of the risk assessment.

This Review completed by: Mike Clapham

Signed: *Mike Clapham*

Date: 06/01/2025

This version checked by: Cem Griffith

Signed: *Cem Griffith*

Date: 17/01/2024

To be completed by Centre Manager:

I consider this risk assessment to be suitable to control the risks to the health and safety of both employees undertaking the tasks involved and any other person who may be affected by the activities.

Name: Mike Clapham

Signed: *Mike Clapham*

Date of next review: 06/01/2026